Pirate Grog Recipe

Ingredients

- A jug of warm water (approx. 500ml)
- 1 lemon (full of vitamin C)
- 2 tablespoons of brown sugar (to recreate the sweetness of the rum)
- 1 teaspoon of ground ginger (to recreate the warmth of the alcohol)

Method

Step 1 - Add the brown sugar into the jug of warm water and stir until fully dissolved
Step 2 - Add the ground ginger into the water and give it all another big stir
Step 3 - Cut the lemon in half and squeeze out all of the juice
Step 4 - Add the lemon juice to the grog and give everything one final big stir
Step 5 - Time to serve up to you and your pirate shipmates!